





## maladaptive schemas with the mediating role of hard-heartedness in female primary school teachers of Sheshtamed city in 1401-1402

### Abstract

**Purpose:** The purpose of the current research is to prediction of family functioning based on primary maladaptive schemas with the mediating role of stubbornness in female elementary school teachers in Sabzevar city 2021-2022.

**Research method:** It is descriptive of correlation type. The statistical population includes all 253 primary female teachers of Sheshtamed city, of which 148 were selected using Morgan's table and available sampling method. In order to collect data, tools for measuring family functions (Epstein, Baldwin and Bishab, 1983), early maladaptive schemas (Young and Brown, 2003) and hard behavior (Kubasa, 1989) were used. The collected data were analyzed by Pearson correlation method and structural equation modeling using SPSS22 and 24Amos software.

**Findings:** The results showed that early maladaptive schemas can predict family functioning. Also, the mediating role of hardiness in the relationship between early maladaptive schemas and family functioning was confirmed.

**Key words:** family functioning, primary maladaptive schemas, stubbornness

**Key words:** family functioning, primary maladaptive schemas, stubbornness